



Blue Bay Café

A menu based on simplicity, finesse and flavour forms the ethos of our restaurant's new food movement. It's where Saldanha Bay's local and fresh ingredients have travelled with us, on our quest to bring worldly flavours that lend themselves to what still remains "Wes kus, bes kus"

SUMMER BREAKFAST, LUNCH & DINNER MENU

Breakfast served from 6:30am to 10:30am | Lunch served from 12pm to 3pm | Dinner served from 5pm to 9:30pm
1 November 2017 – 30 April 2018

Occasionally we throw in a unique and rare addition to our menu, so please ask your waiter if today is one of those extra flavoursome days where we release a new and exciting dish.

BREAKFAST

CONTINENTAL BREAKFAST

Selection of cereals, fresh fruit salad, stewed fruit, yoghurt, croissants, muffins, toast, preserves and a selection of cheeses and cold meats. Served with juice, coffee or tea.

R95

FULL BREAKFAST

Selection of cereals, fresh fruit salad, stewed fruit, yoghurt, croissants, muffins, toast, preserves and a selection of cheeses and cold meats. Bacon, fried tomatoes, beef or pork sausage, mushrooms and eggs (poached, fried or scrambled). Served with juice, coffee or tea.

R150

A LA CARTE BREAKFAST

SEASONAL FRUIT SMOOTHIE

All the following breakfasts are served with Tea or Coffee and a glass of juice.

R35

RISE AND SHINE BREAKFAST

Two eggs and two rashers of bacon served with toast and preserves.

R55

FARMER'S BREAKFAST

Bacon, fried tomatoes, beef and pork sausage with two eggs (poached, fried or scrambled), served with toast and preserves.

R90

CHEESE OMELETTE

With any two of the following fillings; Mushrooms, Bacon/Ham, Caramelised Onions, Fried Tomatoes.

R85

HEALTH NUTS

Fresh fruit with homemade muesli, yoghurt and honey.

R55

BLUE BAY EGGS BENEDICT

Two poached eggs served on toasted wholewheat bread, tomato, lettuce, gypsy ham and topped with hollandaise sauce.

Full Portion

R75

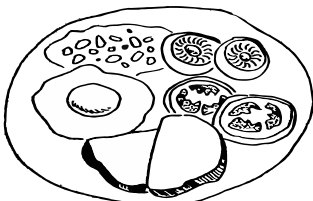
Half Portion

R55

FRENCH TOAST

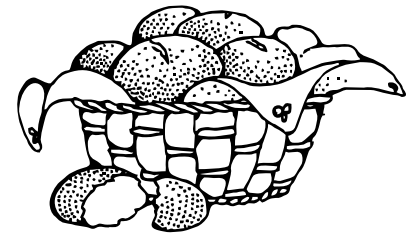
Two slices of brown or white bread French toast served with crispy bacon, syrup and cheese.

R55



LUNCH AND DINNER

BREAD ON ARRIVAL



SNACK PLATTER

A DEEP FRIED PLATTER FOR SNACKING IN THE BAR OR FOR THOSE WHO ARE PECKISH MORE THAN HUNGRY

Two chilli poppers (with or without bacon), three pieces of crumbed and deep fried Halloumi, chicken strips, chips and five crumbed mussels served with sweet chilli yoghurt and Tzatziki

R95

STARTERS

CRUMBED JALAPENO POPPERS (V)

Cream cheese or bacon & cream cheese.

R50

CALAMARI STRIPS

Scored calamari strips served with a fresh peach, lime and coriander salsa.

R50

BLUE BAY SALAD (V)

Lettuce, cucumber, cocktail tomatoes, raw beetroot, feta and grilled butternut, with an olive oil and balsamic vinegar dressing.

Standard Portion

R45

With Ginger Glazed Chicken Strips

R55

GARLIC AND FETA PITA (V)

R45

GARLIC, FETA, BLACK PEPPER AND PEPPADEW PITA (V)

R55

DEEP-FRIED HALOUMI SERVED WITH TZATZIKI (V)

R55

THAI FISH CAKES SERVED WITH SWEET CHILLI SAUCE

R55

We offer sandwiches, pizzas and cakes between services.

Please note that a 10% gratuity will be added to your bill for tables of 10 people or more.



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MAINS

HALF KILO OF MUSSELS - THAI / TRADITIONAL R95

The East meets our West Coast. Pulled from the ocean before you and blended with the rich and crisp flavours of the East, including ginger, chilli, coconut milk and fresh coriander. Alternatively you can choose the traditional cream and white wine mussels.

GREEN BEAN AND MUSHROOM STIR FRY (V) R85

Made in a chilli, ginger and garlic sauce and served with egg noodles. Ask your waiter to leave the egg noodles for a Vegan alternative.

PASTA (V) R75

Penne pasta with basil pesto, cocktail tomato and parmesan shavings.

INDIAN LAMB CURRY R115

Served with rice, a popadum, Tzatziki and Chutney.

The following mains are served with a choice of one of the following side dishes: Crisp french fries, salad, rice or a vegetable dish for the day.

GOURMET HAMBURGER R105

180g home-made beef or chicken patty, topped with bacon, cheddar cheese, caramelized onions and jalapenos. Topped off with BBQ mayo.

BANTING BURGER R95

Our banting burger option will be without the bun and onions, served on a salad.

GOURMET VEGETARIAN HALLOUMI BURGER (V) R95

Gourmet burger bun topped with deep fried Halloumi, tomato, lettuce and tzatziki.

CALAMARI STRIPS R88

Deep /Pan fried, served with lemon and tartare sauce.

CATCH OF THE DAY R135

Locally sourced fish, pan grilled to perfection, served with fresh lemon and tartare sauce.

HAKE & CHIPS R95

Locally sourced hake, pan grilled or deep fried in batter served with fresh lemon and tartare sauce.

CHICKEN SCHNITZEL R99

Served with a choice of cheese, pepper or mushroom sauce.

GRILLED RUMP STEAK R138

We take our grill and sauces very seriously; offering a 300g aged Rump Steak.

With Mushroom Sauce or Madagascan Green Pepper Corn Sauce R163

GRILLED T-BONE STEAK R136

350g, aged T-bone Steak.

With Mushroom Sauce or Madagascan Green Pepper Corn Sauce R161

THE REAL ¼ CHICKEN PERI-PERI R90

Flame grilled and marinated for hours in our peri-peri sauce, this quarter chicken kicks the senses and fills the spot. It's so good, even your Nan do's her best to pull by and steal our recipe. Please note; this is NOT for the feint hearted!

Available in Peri-Peri or try the milder BBQ option.

BLUE BAY SPARE RIBS - 300g R95 - 600g R145

The Blue Bay speciality and one of our most famous dishes!! A must try for any meaty enthusiast. Based in a BBQ basting sauce.

BLUE BAY CAFÉ PIZZA MENU

Pizzas will only be served from 12pm each day. Our pizzas are made fresh and will come out one at a time as, and when they are ready.

MARGARITA (V) R75

Tomato base with Mozzarella Cheese.

REGINA R90

Gypsy ham and Mushroom.

HAWAIIAN R89

Pineapple and Gypsy ham.

VEGETARIAN (V) R88

Mushroom, Feta and Peppadew

ITALIAN R105

Salami, Mushroom and Peppadew

SWEET CHILLI CHICKEN R95

Chicken and Pineapple with a sweet chilli glaze

BBQ RIB R99

Pulled pork rib in a BBQ basting sauce with diced onions.

"OINK" R89

Bacon, ham & rib with BBQ sauce.

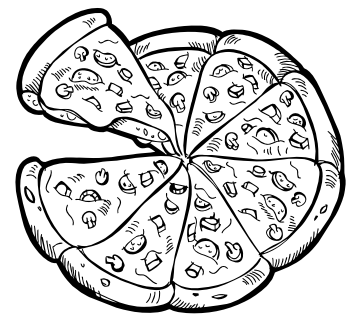
EXTRAS

- Avocado (seasonal, winter only) R20

- Bacon, Ham, Mushroom, Olives, Feta, Pineapple, Peppadew, R15

Salami, Chicken

- Cheese, Garlic, Chilli, Onion R10



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LIGHT LUNCH MENU

Only served between 12:00 and 17:00

PLATE OF CHIPS

R30

The following toasted sandwiches are served with chips and can either be on brown or white bread.

HAM AND CHEESE

R50

HAM, CHEESE AND TOMATO

R52

SALAMI, CHEESE AND PEPPADEW

R50

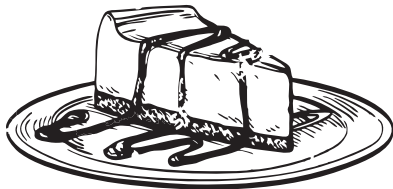
SWEET CHILLI CHICKEN

R55

DESSERT

TRADITIONAL CRÈME BRÛLÉ

Creamy inner texture and glazed with caramelised sugar topping. Served in the most traditional fashion, pure decadence.



CHOCOLATE CAKE

R50

ICE CREAM AND CARAMEL SAUCE

R40

BAKED CHEESE CAKE

Please enquire from your waiter which flavour home-made cheese cakes we have available for the day.

R58

BLUE BAY PECAN NUT PIE

Served with ice cream.

R45

VANILLA PANNA COTTA

R40

SPECIALS

Specials are not available for take aways.

SUNDAY

Three course meal from our specials board.

R160p/p

MONDAY

Mussel Monday Madness - all you can eat mussels

R75p/p

TUESDAY

Chicken Schnitzel with cheese sauce, chips and glass of white wine.

R60

WEDNESDAY

300g Ribs, chips and salad.

R75

THURSDAY

200g Sirloin steak, chips and salad.

R75

FRIDAY

Gourmet Hamburger with different gourmet topping every week, served on a beef or chicken patty. Accompanied by French fries.

R75

Please inform our waiters if you have any special dietary requirements.

KIDDIES MENU

Please note, this menu is only available to children under the age of 12.

HAMBURGER/CHICKEN BURGER & CHIPS

R48

HAKE & CHIPS

R55

FISH FINGERS & CHIPS

R45

KIDS RIBS

R55

KIDS CRUMBED CHICKEN STRIPS

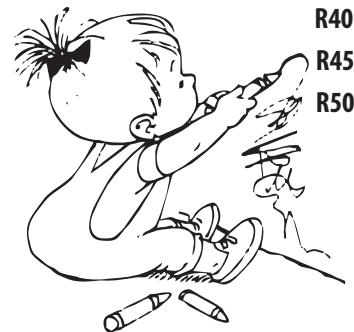
R40

TOASTED CHEESE

R45

TOASTED HAM & CHEESE

R50



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